



Experiences of Sexual Health and Contraceptive Services in Norfolk

March 2020



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1 Introduction

From January to March 2020, Healthwatch Norfolk (HWN) ran an online survey on behalf of Norfolk County Council to collect feedback on local residents' experiences of sexual health and contraceptive services. This report outlines the survey findings.

1.1 About Healthwatch Norfolk

Healthwatch Norfolk is the consumer champion for health and social care in the county. We are an independent organisation but we have statutory powers. The people who make decisions about health and social care in Norfolk must listen to you through us. HWN use the things you tell us about local care to influence future services in Norfolk. Our remit is to represent your views and your experiences to help inform and improve the services that are commissioned and provided in Norfolk.

1.2 Background and context

Open access sexual health and contraception services are currently provided by GPs, pharmacies, online providers and specialist integrated services in Norfolk.

Norfolk County Council (NCC) are responsible for commissioning sexual health services, which are provided in a variety of settings across Norfolk, including GPs, pharmacies and specialist iCASH clinics (Integrated Contraception and Sexual Health Services.)

Providers offer several contraceptive and sexual health interventions to patients, including:

- Coils, implants and injections
- Condoms
- STI testing and treatment
- HIV testing and treatment
- C-card scheme
- Sexual health information and advice

This engagement exercise was intended to support NCC's review of their commissioned sexual health and contraceptive services, to understand how to meet population need, improve patient choice and promote self-care. By redesigning contraceptive services, NCC hope to encourage more people to use long acting reversible contraception and reduce the need for short term and unreliable methods.

1.3 About this report

This report details the results of an online survey (*appendix A*) which aimed to collect feedback from local residents about sexual health and contraceptive services. The survey received interest from 276 people, of which there were 228 usable responses.



Sexual Health and Contraceptive Services in Norfolk

In order to ascertain public views of sexual and contraceptive health services, Healthwatch Norfolk planned and delivered an extensive engagement and digital outreach programme. This was achieved predominantly through online engagement with Healthwatch Norfolk's existing public network, paid social media advertising, and face-to-face engagement with target audiences. We would like to thank the following organisations for helping us to reach patient populations across the county:

- Integrated Contraception and Sexual Health Services (iCASH) Norfolk
- Cambridgeshire Community Services NHS Trust
- Family Voice
- Community Action Norfolk
- Mumbler Norwich
- OPEN Youth Trust Norwich
- New Routes
- Birth Voice East
- Norfolk LGBT+ Project
- Norfolk County Council
- Broadland Youth Advisory Board
- Norwich Youth Advisory Board
- South Norfolk District Council
- The Proud Trust



2 Who we received responses from

The following section is about the demographics of the people who completed the survey. This section uses responses from 157 respondents, 71 respondents did not provide demographic details about themselves.

We received responses from people across Norfolk, Table 1 displays the distribution of respondents by district council. The most common district council reported was Norwich City Council with 24% (37) of responses.

Table 1

A table showing where 157 respondents live based on their local council districts. Other district councils included East, West, and Mid Suffolk councils.

District Council	Percentage of respondents
Borough Council of King's Lynn & West Norfolk	10% (15)
Breckland District Council	8% (12)
Broadland District Council	20% (31)
Great Yarmouth Borough Council	4% (6)
North Norfolk District Council	15% (24)
Norwich City Council	24% (37)
South Norfolk District Council	17% (26)
Other	4% (6)

Figure 1 displays the age range of respondents. The most common age group was age 26 to 35 with 27% (43) respondents. Within the age group 16 to 25, 24% (8) were aged 16 to 19.

Most respondents (92%) reported that they did not consider themselves to have a disability.

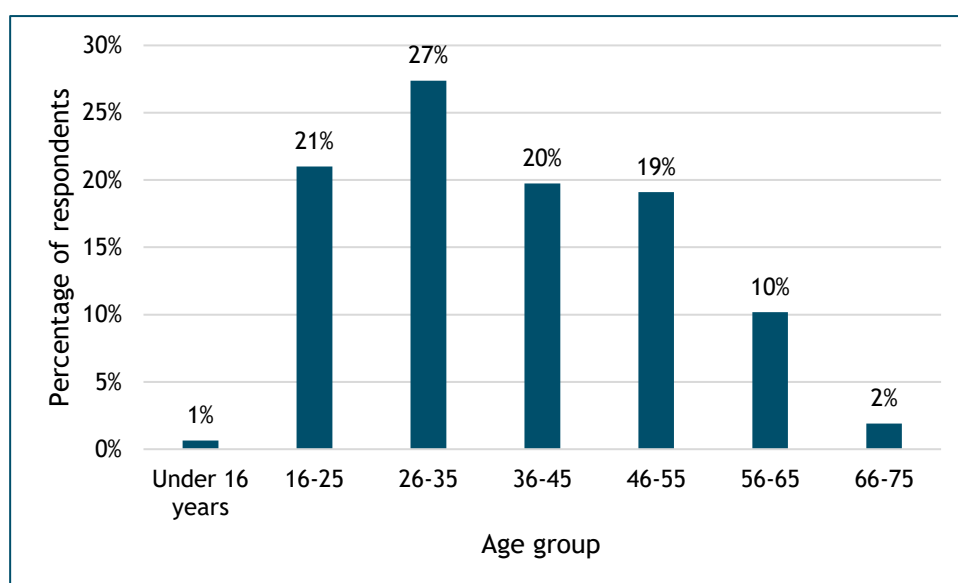


Figure 1. A graph displaying the distribution of age of 157 respondents.



Sexual Health and Contraceptive Services in Norfolk

The majority of respondents were female (76%, 119). Figure 2 displays the gender of respondents. Seventy-five percent of respondents (117) reported their sexual orientation as heterosexual/straight. Figure 3 displays the sexual orientation of respondents.

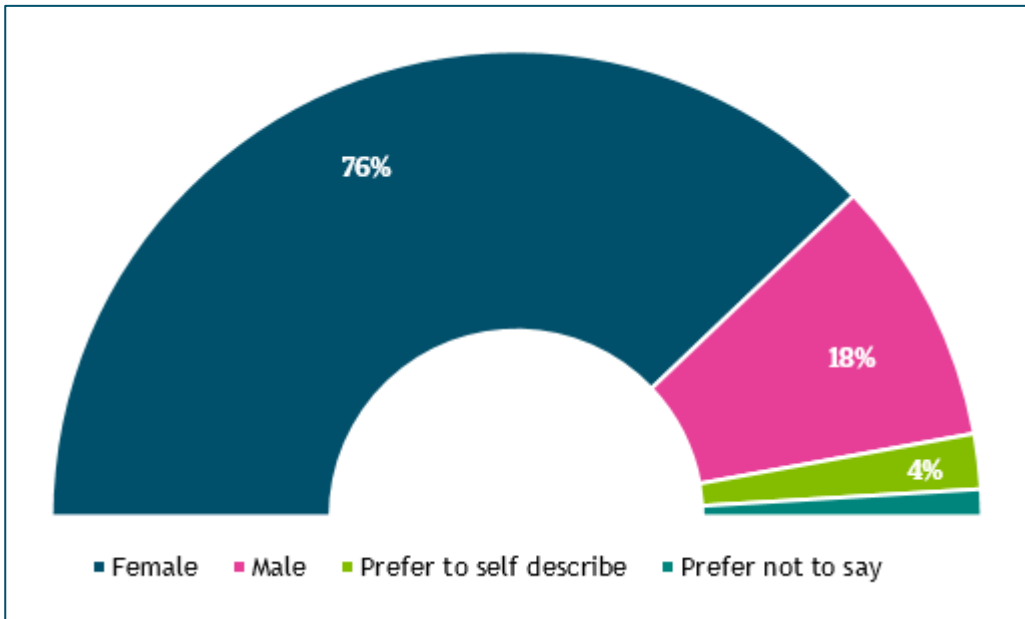


Figure 2. A graph displaying the gender of 157 respondents. Prefer to self-describe responses included agender, non-binary, male who has trans history, and woman with a transsexual history.

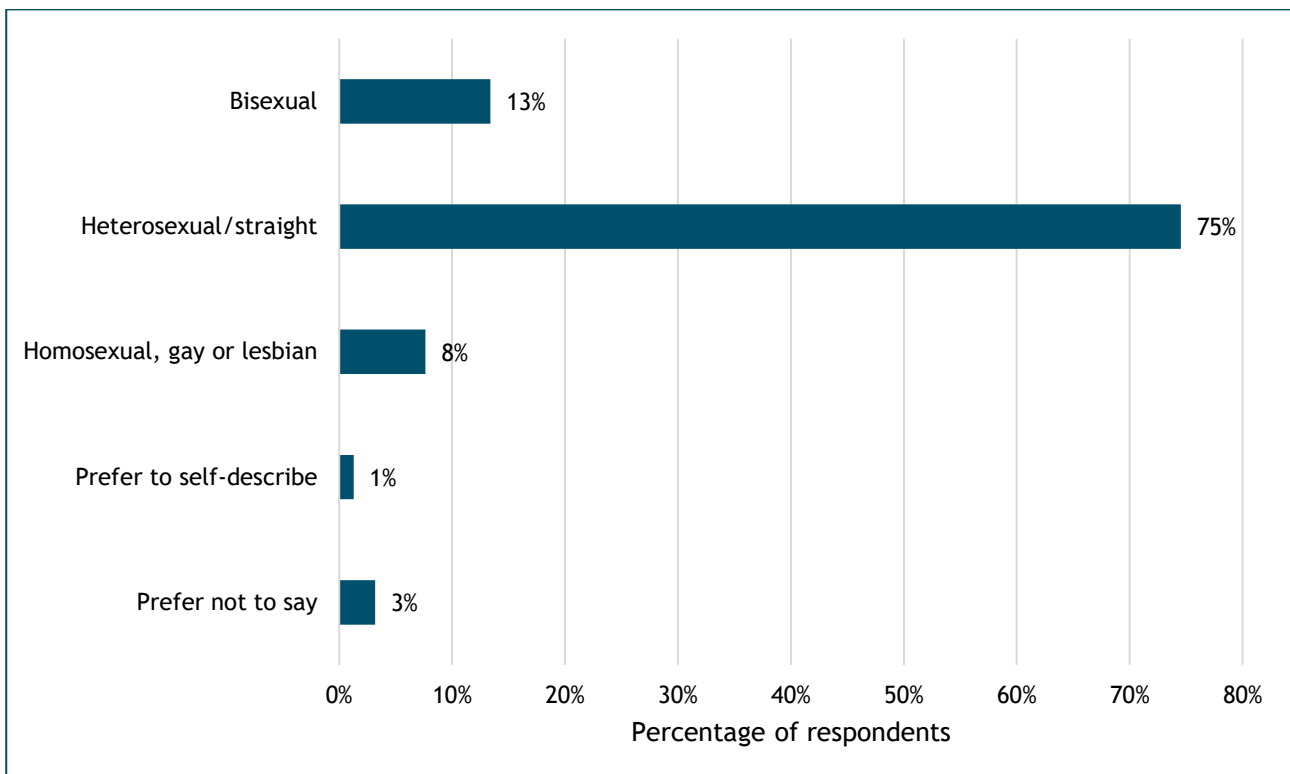


Figure 3. A graph displaying the sexual orientation of 157 respondents. Prefer to self-describe included pansexual and queer.

Respondents predominately reported their ethnic group as ‘English, Welsh, Scottish, Northern Irish or British’, with 87% (137) of respondents, responses to the question “what is your ethnic group?” are displayed in Table 2.



Table 2

A table showing the ethnic group of 157 respondents to the survey.

Ethnic group	Percentage of respondents
English, Welsh, Scottish, Northern Irish or British	87% (137)
Irish	1% (1)
Any other white background	6% (9)
Pakistani	1% (1)
Bangladeshi	1% (2)
White and Asian	2% (3)
Any other mixed/multiple ethnic background	1% (1)
Any other black, African or Caribbean background	1% (1)
Other	1% (2)



3 Survey findings

3.1 Knowledge of current services

Respondents were asked where they were aware that they can get care and advice for their sexual and contraceptive health in Norfolk, the responses to this are displayed in Figure 4. As the graph shows the most recognised service was GP surgery with 89% (203) of respondents being aware of the service.

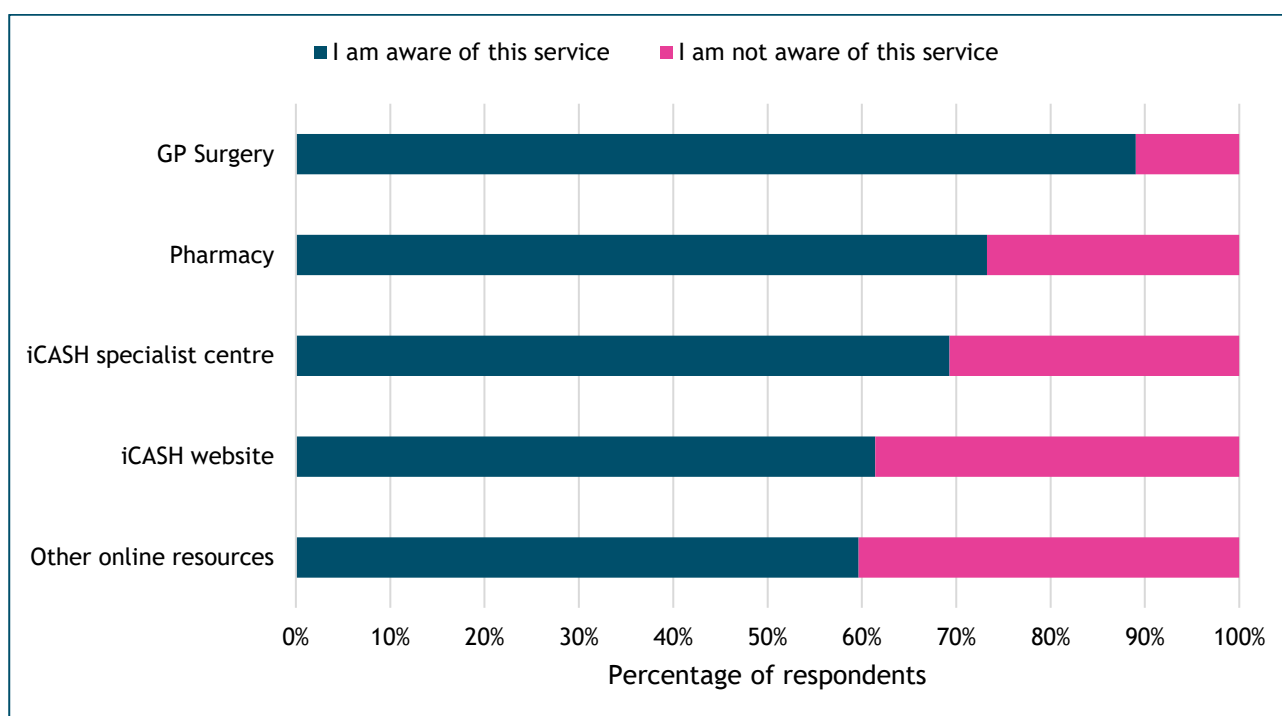


Figure 4. A graph displaying the responses of 228 people to the question “are you aware that you can get care and advice for your sexual and contraceptive health in the following places across Norfolk?”.

3.2 Sexual health

Where do people access sexual health services

Respondents were asked to indicate which sexual health services they have used and where in the last five years, Table 3 displays responses to this question.

The most common sexual health service used by respondents was ‘general information and advice’ where 69% (142) of respondents had used a service for this, most frequently reporting going to their GP surgery (38%, 79). However, for all other sexual health services the most frequent location used was the iCASH centre. The least frequent place where people reported going for all sexual health services was a pharmacy.



Table 3

A table showing responses of 207 people to the question “please indicate which of the below sexual health services you have used, and where, in the last five years”. Respondents were able to select more than one option. Twenty-one respondents skipped this question.

Sexual health service	iCASH centre	iCASH website	Other website	GP surgery	Pharmacy	Have not used
STI testing	24% (50)	16% (33)	6% (12)	20% (42)	5% (10)	54% (112)
STI treatment	14% (28)	3% (7)	1% (2)	4% (8)	0% (0)	82% (169)
HIV testing	14% (30)	7% (14)	3% (7)	6% (13)	0.5% (1)	75% (156)
HIV treatment	5% (10)	1% (2)	0% (0)	1% (2)	0% (0)	94% (195)
General information and advice	27% (56)	23% (47)	22% (45)	38% (79)	11% (22)	31% (65)

Respondents who had not used any sexual health service in the last five years were asked why they have not used services, 54 respondents answered this question. The most common answer was “I haven’t needed them” with 89% (48) of respondents. One respondent reported that they “use other services outside of Norfolk”. Other responses included being “in an established relationship (over 30 years)”, being “older now, have no need for the service”, being “to old”, and “hoping for the best”.

Experiences of sexual health services

For most respondents their overall experience of their most recent experience accessing sexual health services was positive, as shown in Figure 5. Sixty-one percent (83) of

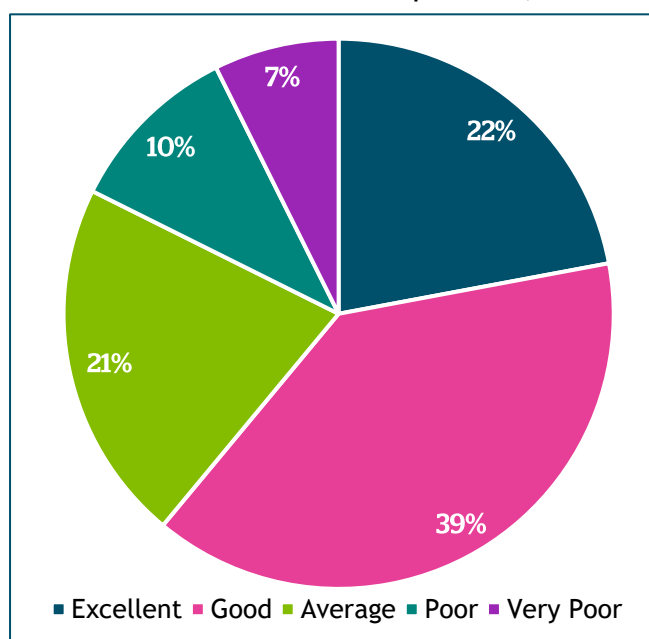


Figure 5. A chart displaying the responses from 136 people to the question “Overall, how would you rate your most recent experience of accessing sexual health services?”.

respondents reported that their experience was ‘good’ or ‘excellent’.

Respondents who had used specific sexual health services were asked to rate how easy it was to use them. Answers to these are displayed in Figure 6. The service which was reported to be very or quite easy the most frequently was finding general information and advice with 71% (97) of respondents.



Sexual Health and Contraceptive Services in Norfolk

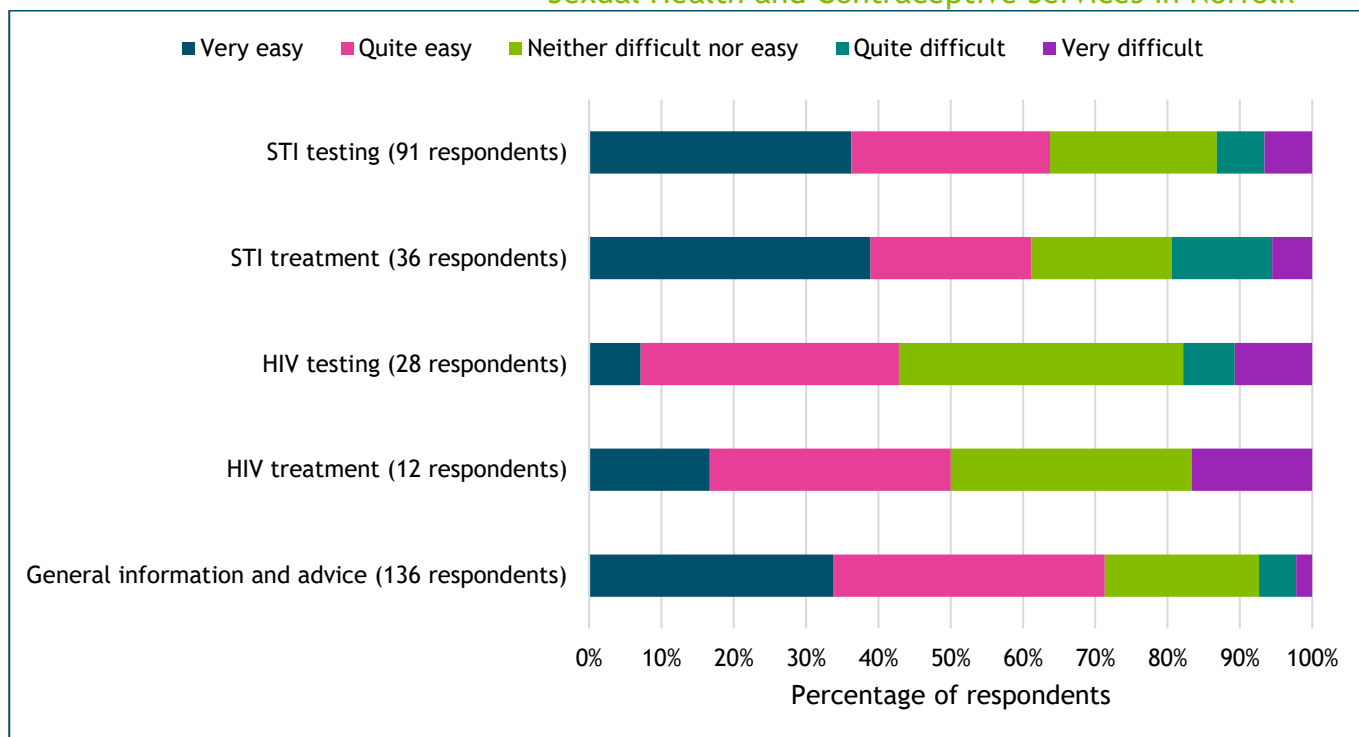


Figure 6. A graph displaying responses to the questions ease of use of sexual health services.

Respondents were given the opportunity to provide any further comments about their experience of accessing sexual health services or information in Norfolk in the last five years. Seventy-four people provided an answer. Comments included mentions of *staff attitudes, opening times and appointments, and location of services.*

Staff attitudes

"[about iCASH Norwich clinic] He is kind, caring, considerate, patient centred and has saved my life as well as giving me the life of my daughter! I could never praise or thank him enough!"

"[about iCASH clinic] when phoning for an appointment, I have found the staff answering the phone quite 'off'"

"The icash clinic is amazing, I understand the push for postal testing but the best bit is the drop in element. The staff are kind and friendly, non judgemental and give amazing advice. This place is an asset to the Norwich community and the city's welfare."

"Found the support from GP not particularly useful - was clear that the coil was being 'pushed' as the best option. Was told there are only two types of the mini-pill, which I now understand is not true. So wasn't given the full choice of long term contraceptives."

"Was left feeling very judged and dirty when I went to receive my treatment for STI at my GP surgery, she made me feel very uncomfortable and kept making comments."



Opening times and appointments

“I went to the clinic to make an appointment but was told to phone on either of 2 x 2hour phone slots . Neither are convenient due to my access to phone. I remain uncomfortable. Why couldn’t the receptionist I was in front of make me an appointment?”

“Appointments are difficult to get at iCASH which adds delay. Not everyone is able to sit and wait. GP is meant to have a service but are so overwhelmed they won’t book appointments for sexual health.”

“appointments at icash centres are very difficult to get the times are not suited to people who work and difficult to book - should be available to book online”

“difficult to get an appointment with and required reattendance following appointments for actual treatment. It made actually accessing required services next to impossible”

Location of services

“At my last GP surgery had to go to ICash for even a discussion about contraception which as a mum was inconvenient and time consuming. Current GP do it all in house and are fantastic.”

“Had to travel quite a distance to get coil fitted. Harleston to Great Yarmouth”

“It was difficult to get the practical help: due to my age etc I need to have a contraceptive cap/diaphragm and this was not available at my GP practice. I live in a rural area but had to go to Norwich and the iCASH to get this help.”

“Since the Grove clinic closed and was taken over by Icash the service has become very difficult to get to. It is now located in a residential area where parking is difficult. The standard of care is as good but is just not in a good location.”

3.3 Contraceptive services

Where do people access contraceptive services

Respondents were asked to indicate which contraceptive services they have used and where in the last five years, Table 4 displays responses to this question.

The most common contraceptive service used by respondents was ‘information & advice’ where 59% (100) of respondents had used a service for this, with 29% (49) of respondents reporting going to their GP surgery and 29% (49) going online for this information.

Other places where respondents had accessed contraception included the supermarket for condoms, the hospital for coils, a contraceptive cap at iCASH, and the Terrence Higgins Trust.



Table 4

A table showing responses of 170 people to the question “Please indicate which of these contraceptive methods you have accessed - and where - in the last five years”. Respondents were able to select more than one option. Fifty-eight respondents skipped this question.

Contraceptive service	iCASH centre	GP surgery	Pharmacy	Online	Have not used
Coils	20% (34)	15% (26)	2% (3)	1% (2)	66% (113)
Contraceptive implant	7% (12)	7% (12)	1% (1)	1% (1)	86% (147)
Contraceptive injection	2% (4)	6% (11)	0% (0)	0% (0)	92% (157)
C-card scheme	5% (8)	2% (4)	5% (9)	0% (0)	89% (152)
Condoms	14% (23)	8% (13)	21% (36)	8% (14)	58% (98)
Information & Advice	24% (41)	29% (49)	5% (8)	29% (49)	41% (70)
Oral contraceptive pill	9% (16)	26% (45)	1% (1)	0% (0)	67% (114)
EHC ‘morning after pill’	2% (4)	3% (5)	15% (26)	1% (2)	79% (134)

Respondents who had not used any contraceptive services in the last five years were asked why they have not. Thirty-nine respondents answered this question. The most common answer was “I haven’t needed them” with 74% (29) of respondents. Eighteen percent (7) of respondents answered “I use other services outside of Norfolk”. Other responses included “appointments for IUD/IUS and implant fitting need to be made more available”, “too old post menopause!”, and “not had any sexual activity with anyone”.

Experiences of accessing contraceptive services

For most respondents their overall experience of their most recent experience accessing contraceptive services was positive, as shown in Figure 7. Sixty-four percent of respondents (82) reported that their experience was ‘good’ or ‘excellent’.

Respondents who had used specific contraceptive services were asked to rate how easy it was to use them. Answers to these are displayed in Figure 8.

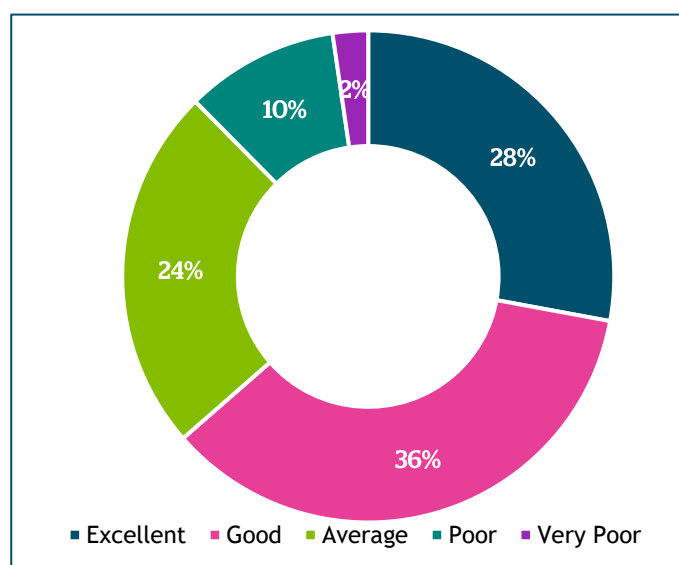


Figure 7. A chart displaying the responses from 129 people to the question “How would you rate your overall experience of accessing your most recent form of contraception (including condoms)?”



Sexual Health and Contraceptive Services in Norfolk

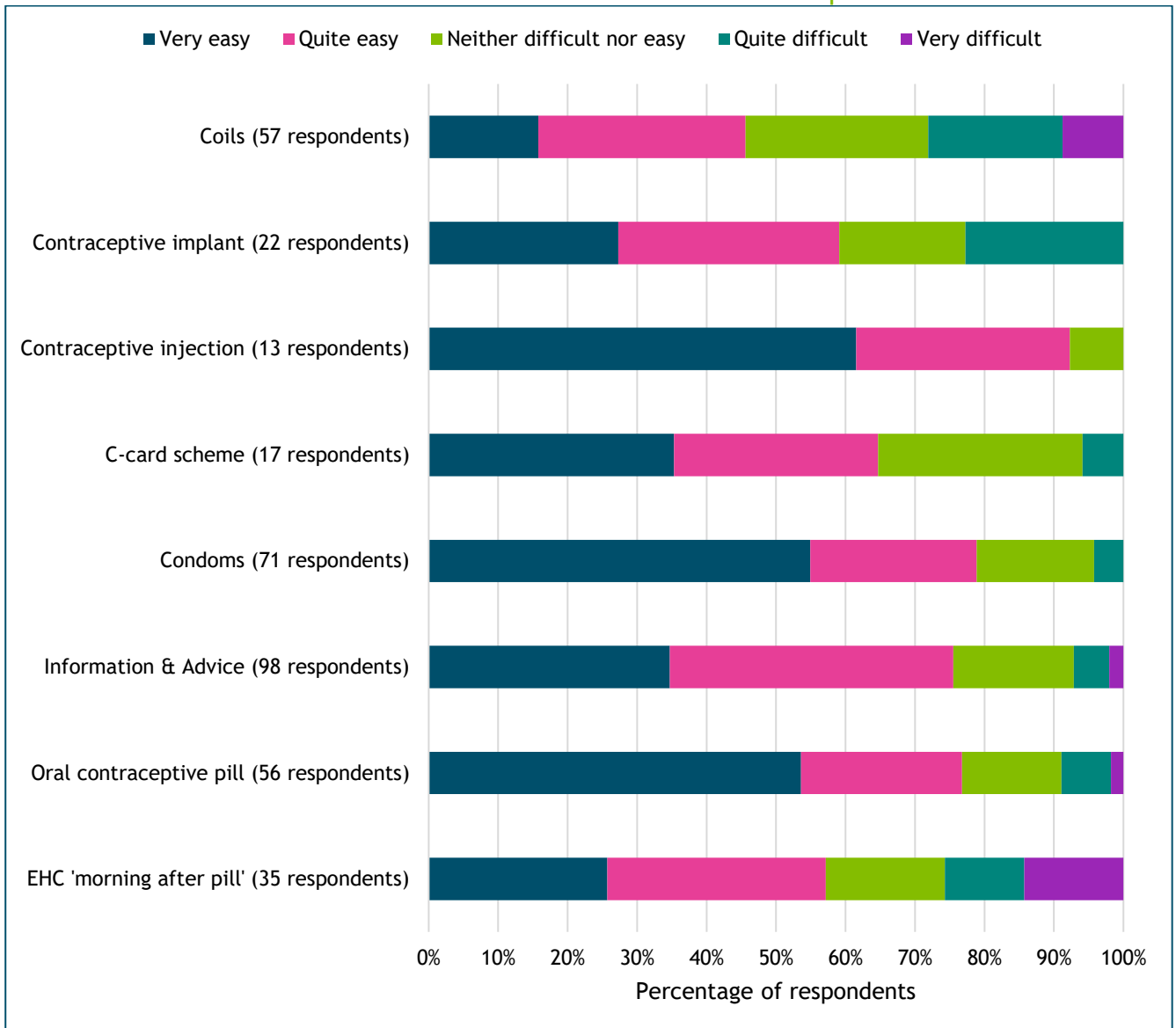


Figure 8. A graph displaying responses to the questions about the ease of access and use of contraceptive services.

Respondents were given the opportunity to provide any further comments about their experience of accessing contraceptive services in Norfolk in the last five years. Twenty-one people provided an answer. Figure 9 displays some of these comments.



Figure 9. Responses to the question “If you have any further comments about your experience of accessing contraceptive methods in Norfolk in the last five years, please elaborate below”.

3.4 Future services

Where do people want to access sexual health and contraception services

Figure 10 displays responses to the question “where would you prefer to get help with your sexual and contraceptive health in the future?”, respondents were able to select as many options as appropriate.

As the graph shows, for obtaining information and advice or to get a STI/HIV test the most popular place for this is online, 68% (107) of respondents selected this for information and advice and 54% (85) for getting a test. To get contraception or treatment for STI the most popular place to get this help was at a GP surgery, selected by 59% (93) of respondents for contraception and 58% (91) for STI treatment. Finally, the most popular place for respondents to get condoms in the future was at a pharmacy with 57% (90) of respondents choosing this.

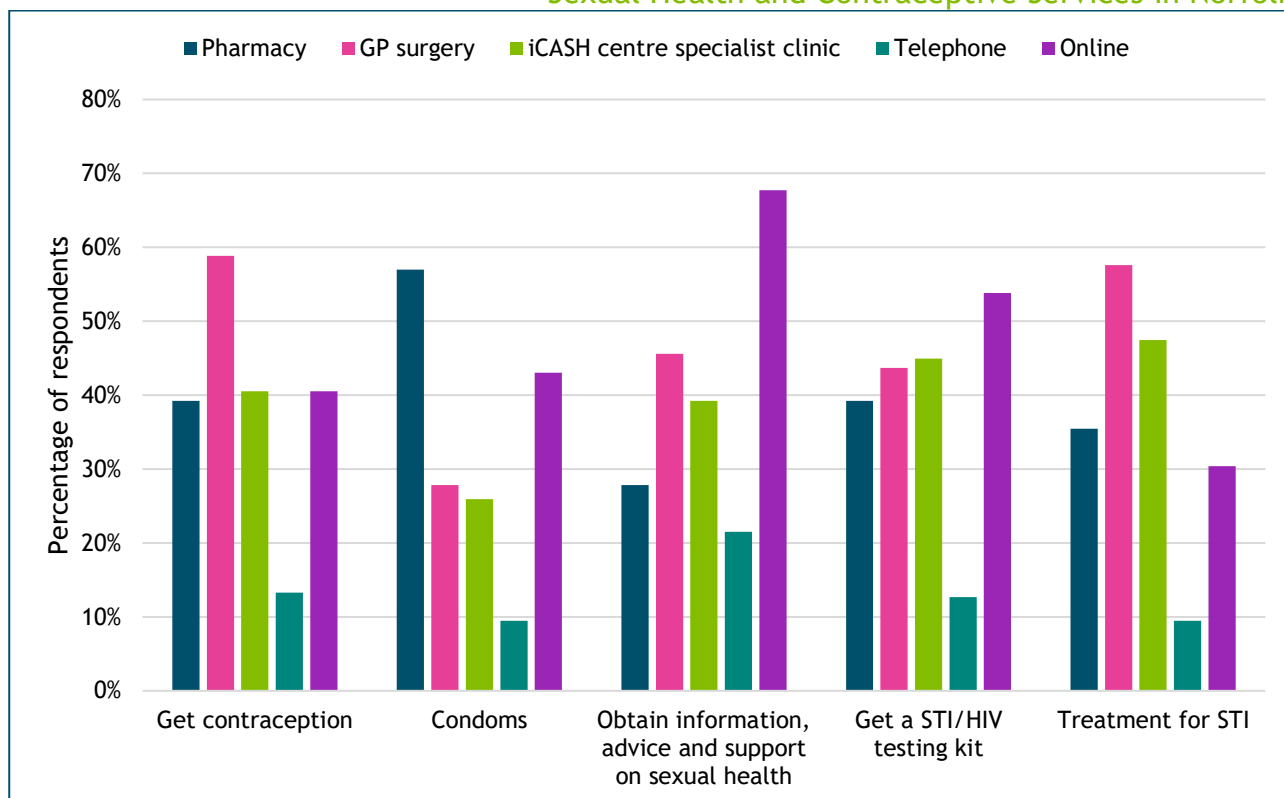


Figure 10. A graph displaying responses from 158 people to the question “where would you prefer to get help with your sexual and contraceptive health in the future? “. Respondents were able to select as many options as appropriate. Seventy respondents skipped this question.

What would improve access to sexual health and contraception services

Table 5 displays responses to the question “what would help you to better access sexual health services/contraceptive services?”. As the table shows, for respondents the most important aspect which would improve access to sexual health and contraceptive services was the “physical location of services”.

Table 5

A table displaying responses to the questions “what would help you to better access sexual health services/contraceptive services?”.

	Sexual health services (161 respondents)	Contraceptive services (144 respondents)
Information that is easier to find	22% (36)	21% (30)
Information that is easier to understand	8% (13)	6% (9)
Physical location of services	44% (71)	54% (78)
Other	25% (41)	19% (27)

Note. For sexual health services: 53 skipped and 14 answered nothing/not applicable, for contraceptive services: 65 skipped and 19 answered nothing/not applicable.



Respondents were asked to explain their answer, some explanations are presented below.

Information that is easier to find

“For most people the hardest thing is knowing where to go for whatever service or information you need.”

“I feel that there should be a platform for teenagers and young people to go to to talk about sexual health rather than making a trip to the gp”

“I think it's not always clear how to access condoms via sexual health clinics so I've often ended up buying them or just grabbing them during other appointments”

“I went to the GP to have my coil removed and they knew that they didn't do it but didn't know where did so I had to find that out for myself.”

Information that is easier to understand

“Simple and short explanations. A new mum who needs to know her options but not much time to do it.”

“Making sure it is clear if it could affect other medication”

Physical location of services

“Our nearest icash is in Norwich and not even near the city centre, we are in dereham. It is not easily accessible at all and is not in a particularly desirable location. When I visited once, I felt uncomfortable and out of place. How are people from market towns and villages up to 30 miles from the Norwich icash clinic supposed to easily access the location when it isnt even on a public transport route and theres no parking close by?”

“I live very rural and have 2 children under 2 so getting to iCash and then using their sit and wait service was not possible for me. I went to my local GP who luckily fit coils but don't know what I would have done if they didn't. It would have unfairly limited my choices of contraception!!”

“It would be easier to access services if they were digitally accessible i.e. accessed via a website or app?”

“Free contraceptive advice/services within pharmacies would make it accessible to all”



Other answers and their explanation for both sexual health and contraceptive services included:

- Access to “*more appointments*” at both the GP surgery and the iCASH centre
- For GP surgeries and iCASH centres to have “*longer opening hours*”, in particular to allow “*flexible appointment times for working people*”. One respondent commented that “*Monday to Friday opening is very old fashioned!! - given that so many people work during those hours and may not be able to take time off easily*”
- Respondents told us they would like “*better parking*”.
- More informed and specialist staff for example including:
 - “*someone in the system who understands trans woman’s needs in sexual matters*”
 - “*I had to explain my GP what the Nuvaring is*”
 - “*someone at our local surgery who can fit Mirena coil-so maybe a nurse who travelled between surgeries.*”

For sexual health services other suggestions included:

- Access to sexual health services online, “*possibly online access to doctors, possibility of email consultation*”. One respondent told us that this was particularly important to them since “*I’d like to be able to ask questions, but find it too difficult to ask in person or on the phone.*”
- One respondent commented on “*wheelchair access and beds that are accessible for those who have trouble holding a position*”
- Talking to individuals with learning disabilities about sexual health through “*coming into venues where people with learning disabilities are.*”

For contraceptive services other suggestions included:

- More variety of information and advice such as “*having more advice on what contraceptive I should use*” and “*it would be useful to know what contraception is free and make clear what can be purchased over the counter*”.



4 Conclusion

This survey was intended to explore how people use, their experiences of, and what they would like to see with sexual health and contraceptive services in Norfolk.

In order to ascertain public views of sexual and contraceptive health services, Healthwatch Norfolk delivered an extensive engagement and digital outreach programme. This resulted in respondents across age ranges and living across Norfolk. However, it is important to note that respondents to this survey were voluntary and self-selecting. This may have resulted in respondents who are more likely to be aware of and/or use sexual health and contraceptive services. For example, when asked why they have not used services in the last five years no respondents told us that it was because they did not know where to go.

The results of the survey demonstrate that the majority of people find the sexual health and contraceptive services in Norfolk easy to use and frequently report having good experiences of the services.

1: In general people find sexual health and contraceptive services in Norfolk are easy to use and have a good experience when using them

To improve the services offered, the biggest theme across responses was that people told us that they want services closer to home. This included wanting more services offered at their GP surgery, more iCASH clinics across the county, and the ability to access services online.

2: People told us the physical location of services is important they would like sexual health and contraceptive services offered closer to home.

Online access was particularly popular for information and advice and for STI/HIV testing kits. However, respondents were also open to contraceptive services being offered online, for getting condoms and contraception it was the second most popular response.

3: Many people told us that they would like to be able to get information and advice, order STI/HIV testing kits, and get contraception (including condoms) online.

Finally, the variety of responses highlights that people are keen to have options and flexibility with sexual health and contraceptive services to meet their individual needs. For example, people told us they want more flexibility with opening times of services, in particular to complement their working hours.

4: The variety in responses we received highlights that people want options and flexibility with sexual health and contraceptive services



5 Appendix

Appendix A: the survey



Norfolk County Council

healthwatch
Norfolk

Your views on sexual and contraceptive health in Norfolk

www.healthwatchnorfolk.co.uk

 www.facebook.com/healthwatch.norfolk

 @HWNorfolk



Your views on sexual health and contraceptive services in Norfolk

Norfolk County Council want your help to shape the way sexual health and contraceptive services are delivered.

Healthwatch Norfolk are assisting the Council to understand how sexual health and contraceptive services could be made easier to access and use, to try and ensure fair and equitable access to all individuals across the county.

The County Council are responsible for commissioning these services, which are provided in a variety of settings across Norfolk, including GPs, pharmacies and specialist iCASH clinics. iCASH stands for 'Integrated Contraception and Sexual Health Services' and centres cover all aspects of sexual health, including contraception, STI/HIV diagnosis, treatment and outreach.

This survey should take no longer than 10 minutes, and anyone can complete the survey whether you have used services recently or not. **All answers will be completely anonymous**, but comments will be collated in final report which will be publicly available via the Healthwatch Norfolk website.

Please tick here to confirm you have read the above statement:

Section 1: Your Sexual Health

1a. Are you aware that you can get care and advice for your sexual and contraceptive health in the following places across Norfolk? *Please tick as appropriate.*

Resource	I am aware of this service	I am not aware of this services
GP surgery		
Pharmacies		
iCASH centre specialist clinic		
iCASH website		
Other online resources		



1b. Please indicate which of the below sexual health services you have used, and where, in the last five years by **ticking** the appropriate box.

Then, please tell us how easy this service was to use by rating the service from 1-5.

1 = Very difficult 5 = Very easy

If you have not used any sexual health services in last five years, please skip to question 2d.

	iCASH centre specialist clinic	iCASH website	Other website	GP surgery	Pharmacy	How easy was this service to use? (1-5)	Have not used
Sexually Transmitted Infection (STI) testing							
Sexually Transmitted Infection (STI) treatment							
HIV testing							
HIV treatment							
General information and advice							

If you have accessed sexual health services elsewhere, please state where and how easy it was to access:

Name of service: _____

Ease of access (1-5) _____

1c. Overall, how would you rate your most recent experience of sexual health services? (1 being poor, 5 being excellent).

1 2 3 4 5 N/A



1d. If you have not used any sexual health services in Norfolk over the last 5 years, why is this? (tick as many as appropriate)

- N/A
- I haven't needed them
- I don't know where to go
- I have had a previous bad experience
- I use other services outside Norfolk
- I accessed services privately

Other (please specify):

1e. What would help you to better access sexual health services? (Please tick the one answer that is most relevant to you)

- Information that is easier to find
- Information that is easier to understand
- Physical location of services

Other (please specify):

Please explain your answer:

1f. Do you have any further comments about your experience accessing sexual health services or information in Norfolk in the last 5 years?



Section 2: Access to contraception

2a. Please indicate which of the below contraceptive services you have used, and where, in the last five years by **ticking** the appropriate box.

Then, please tell us how easy this service was to use by numbering services you have used **1-5**. 1 = *Very difficult* 5 = *Very easy*

	iCash centre specialist clinic	GP surgery	Pharmacy	Online	How easy was this service to use? (1-5)	Do not use
Coils						
Contraceptive Implants						
Contraceptive Injection						
Condoms						
C-card scheme (condoms for 13- 24-year-olds)						
Oral contraceptive pills						
EHC 'morning after' pill (Emergency Hormone Contraception)						
Information and advice						

Other (please specify where you have accessed contraception)

2b. How would you rate your overall experience of accessing your most recent form of contraception, including condoms? (1 being poor, 5 being excellent).

1

2

3

4

5

N/A



2c. If you have not used any contraception, including condoms, over the last 5 years, why is this? (tick as many as appropriate)

- N/A
- I haven't needed any
- I don't know where to get contraception
- I have had a previous bad experience
- I use other services outside Norfolk
- I purchase contraception privately

Other (please specify):

2d. What would help you to better access contraceptive services, including condoms? (Please tick the one answer that is most relevant to you)

- Information that is easier to find
- Information that is easier to understand
- Physical location of services
- Other (please specify):

Please explain your answer if possible:

2e. Do you have any further comments about your experience of accessing contraception, including condoms, in Norfolk in the last 5 years?



2f. Where would you prefer to get help with your sexual and contraceptive health in the future? Please tick as many options as are appropriate: *

	Pharmacy	GP surgery	iCash centre specialist clinic	Telephone	Online
Get contraception	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Condoms	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Obtain information, advise and support	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Get a STI/HIV testing kit	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Treatment for STI	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Section 3: About You

Before completing this survey, we would like to ask some further questions about you on the following pages. Any information you share will help us to make sure that we are representing local people effectively. Your personal information will remain confidential.

Which local council district do you live in? *

- Breckland District Council
- Borough Council of King's Lynn & West Norfolk
- Broadland District Council
- GreatYarmouth Borough Council
- North Norfolk District Council
- Norwich City Council
- South Norfolk District Council
- Don't Know
- Other (please state)



What is your age? *

What is your gender?*

- Male
- Female
- Prefer not to say

Prefer to self-describe (state below):

What is your sexual orientation?*

- Bisexual
- Homosexual, gay or lesbian
- Heterosexual/straight
- Prefer not to say

Prefer to self-describe (state below):

Do you consider yourself to have a disability?*

- Yes
- No

What is your ethnic group?*

White:

- English, Welsh, Scottish, Northern Irish or British
- Irish
- Gypsy or Irish Traveller
- Any other white background



Asian/Asian British:

- Indian
- Pakistani
- Bangladeshi
- Chinese
- Any other Asian background

Mixed:

- White and black Caribbean
- White and black African
- White and Asian
- Any other mixed/multiple ethnic background

Black African, Caribbean, Black British:

- African
- Caribbean
- Any other black, African or Caribbean background

Other ethnic group:

- Arab

Other (please specify):

- Prefer not to say

~ End of survey ~

